08h45 - 09h00 : Accueil des participants

09h00 – 09h30 : Concept des pressions de remplissage du ventricule gauche

09h30 – 10h30 : Le Ventricule Droit

10h30 - 11h00 : Pause

11h00 – 12h00 : Ateliers pratiques

12h00 - 13h00 : Pause repas

13h00 – 14h00 : Détresse respiratoire

14h00 – 15h00 : Etat de choc

15h00 – 16h00 : Ateliers pratiques

16h00 – 17h00 : Quizz interactif



Echographie cardiaque et hémodynamique avancée

Ventricule Droit



Dr Thibaut MARKARIAN

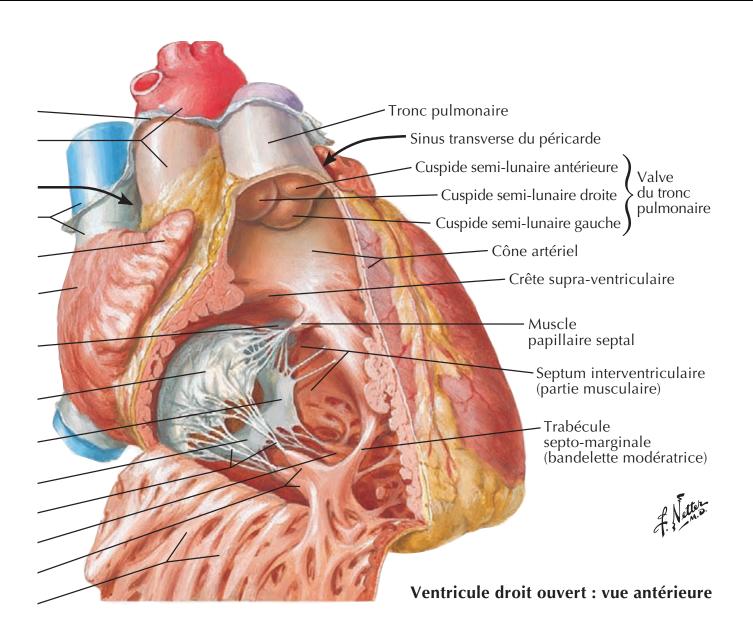
Médecin Urgentiste AP-HM Hôpital La Timone Adultes Marseille





Faculté des sciences médicales et paramédicales Aix Marseille Université

Anatomie cardiaque



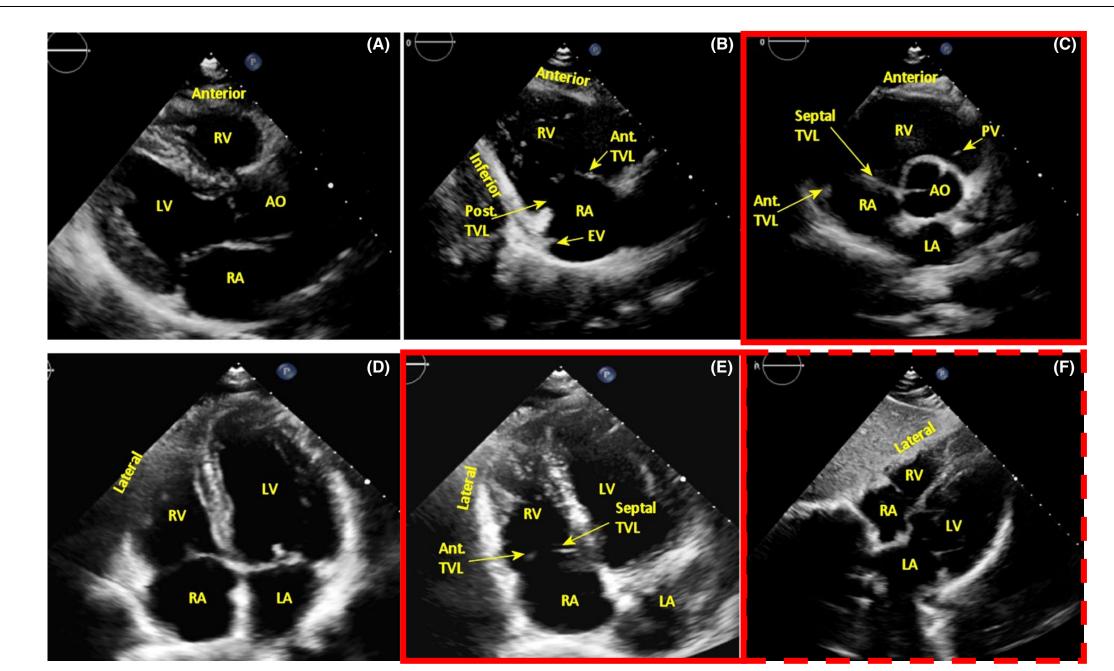
Ventricule Droit

- pyramide tronquée
- enroulée en croissant autour du VG
- 2 chambres fonctionnelles
 - > corps = chambre d'admission
 - > infundibulum = chambre de chasse

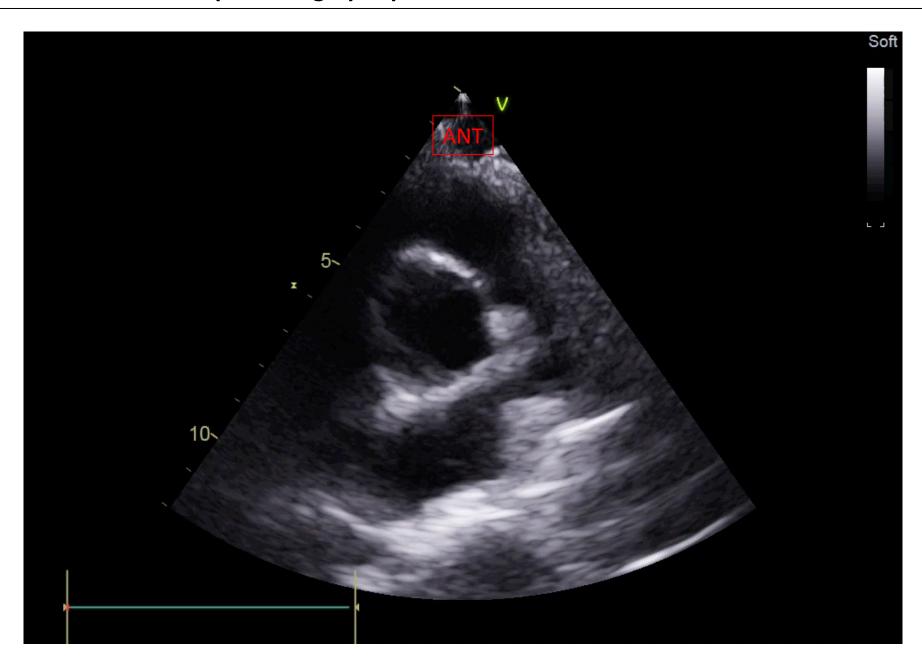
Physiopathologie

e gold to	VENTRICULE DROIT	VENTRICULE GAUCHE
	VTDVD : 75 ± 13 mL/m ²	VTDVG : 66 ± 12 mL/m ²
	Paroi mince : 2 – 5 mm	Paroi épaisse : 7 – 11 mm
	Fraction éjection : > 45%	Fraction éjection > 55%
	Système à basse pression	Système à haute pression
	PAP moyenne = 10 à 18 mmHg	P° Aorte moy = 90 à 100 mmHg
a state of the sta	Post charge sensible	Post charge tolérante

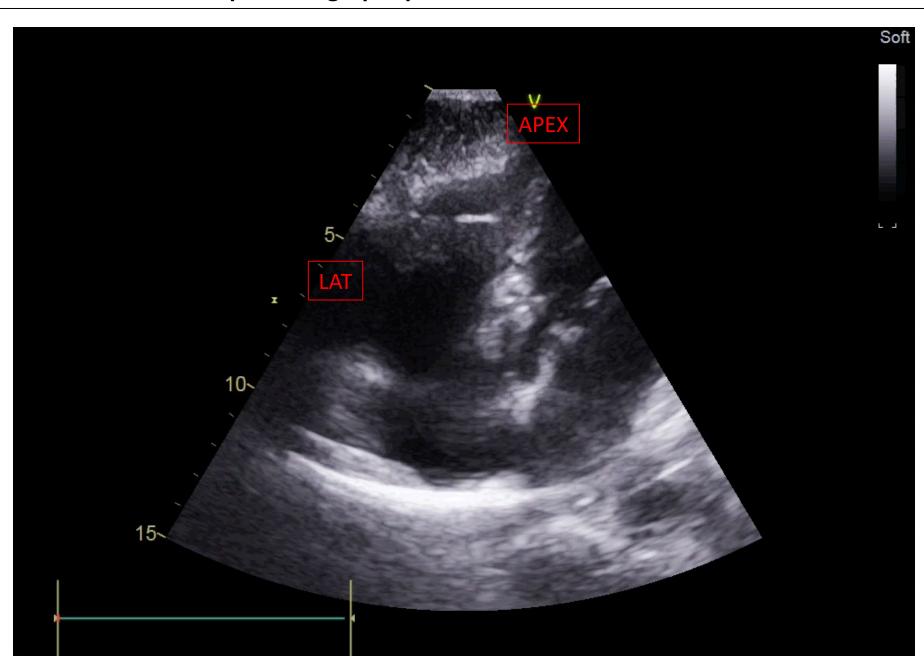
Coupes échographiques



Coupes échographiques : PSPA centrée sur VAo

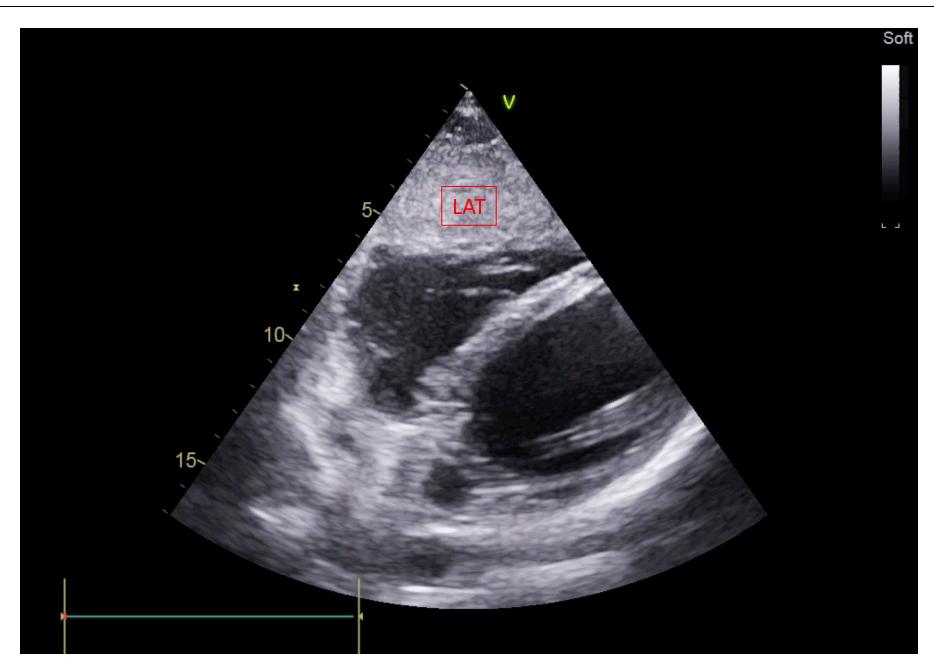


Coupes échographiques : C4C centrée sur VD





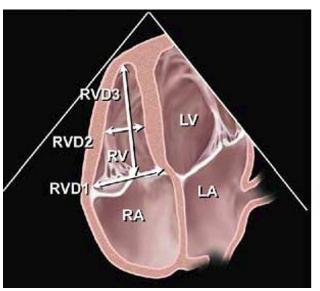
Coupes échographiques : CSC

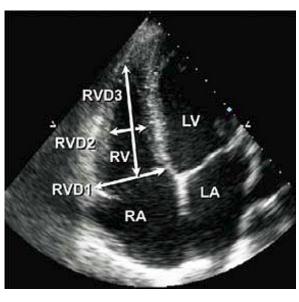


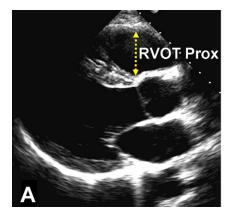


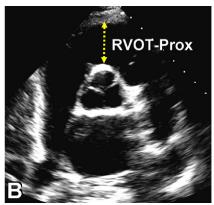
Analyse Morphologique

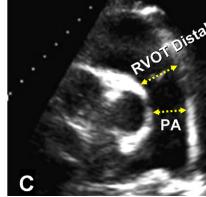
Analyse morphologique: dimensions





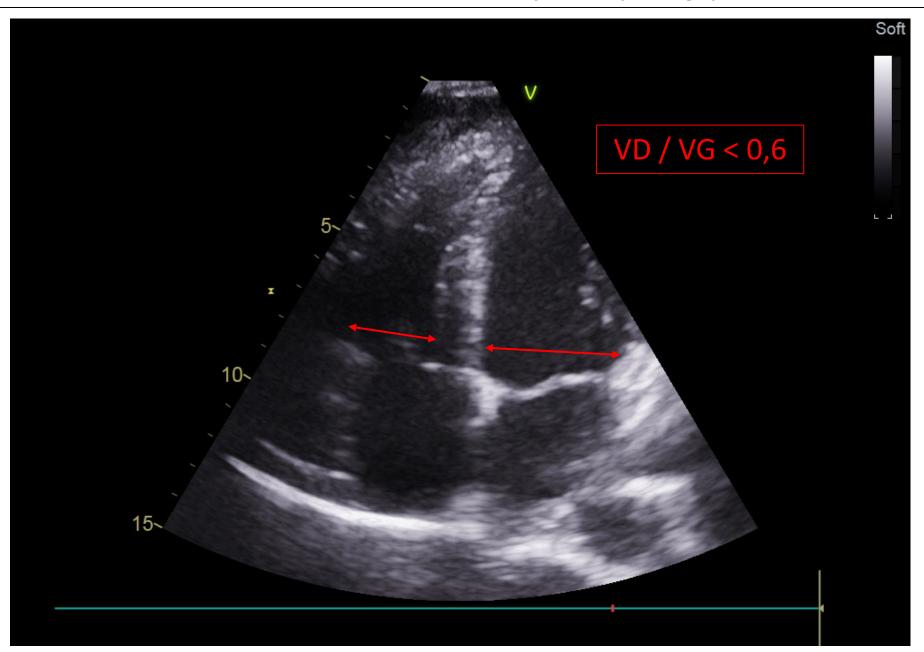






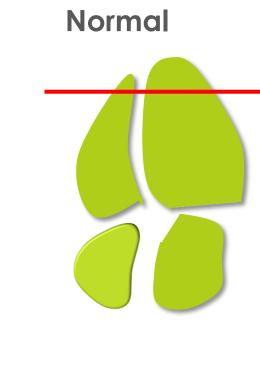
Paramètres	Moyenne ± sd	Rang normal	
Diam basal VD (mm)	33 ± 4	25 – 41	
Diam médial VD (mm)	27 ± 4	19 – 35	
Diam longitudinal VD (mm)	71 ± 6	59 – 83	
Épaisseur paroi VD (mm)	3 ± 1	1 - 5	

Analyse morphologique



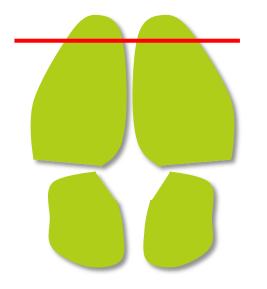
- Fin de diastole
- VD < ou = 2/3 VG
- Apex cœur = VG

Diastolic overload : dilatation ventriculaire



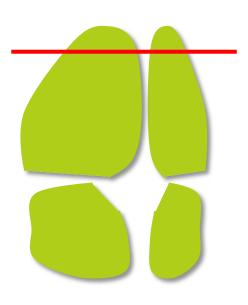
STDVD/STDVG < 0,6





0,6 < STDVD/STDVG < 1

Dilatation majeure



STDVD/STDVG > 1

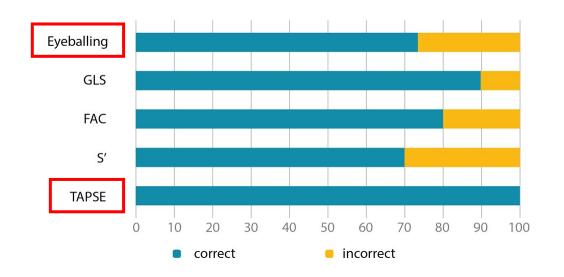
D'après L. Muller

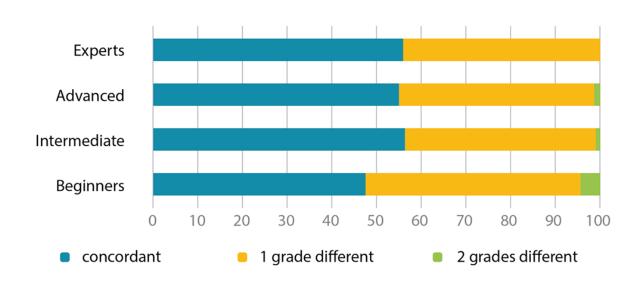


Fonction systolique VD

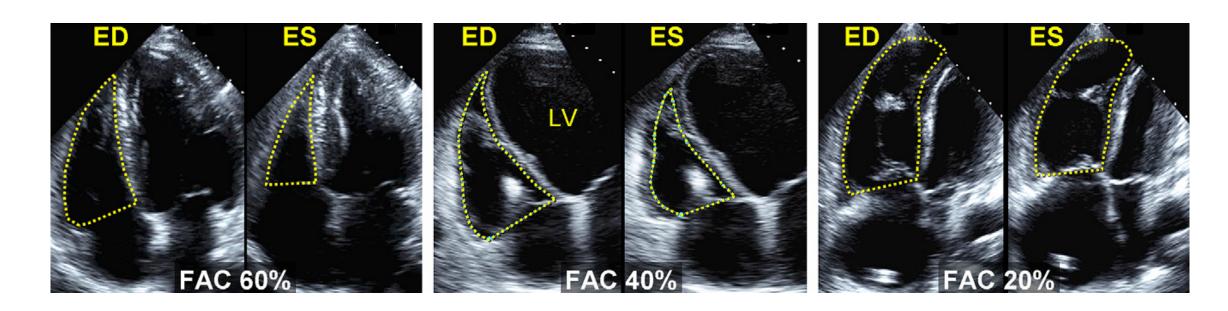
Evaluation de la fonction systolique VD

	Sensitivity (95% CI)	Specificity (95% CI)	PPV	NPV	Accuracy
Beginner	95.8 (94.1–97)	42.5 (39.1–46)	62.5 (61–63.9)	90.9 (87.7–93.4)	69.1 (66.8–71.4)
Intermediate	96.5 (95.6–97.3)	54.6 (52.4–56.7)	68 (66.9–69)	94 (92.6–95.2)	75.5 (74.2–76.8)
Advanced	96.8 (95.7–97.7)	52.8 (50–55.5)	67.2 (65.9–68.5)	94.3 (92.5–95.8)	74.8 (73.1–76.5)
Experts	97.1 (94.5–98.6)	55.7 (50–61.4)	68.7 (65.9–71.4)	95 (90.8–97.3)	76.4 (72.8–79.7)





Evaluation de la fonction VD – Fraction de raccourcissement



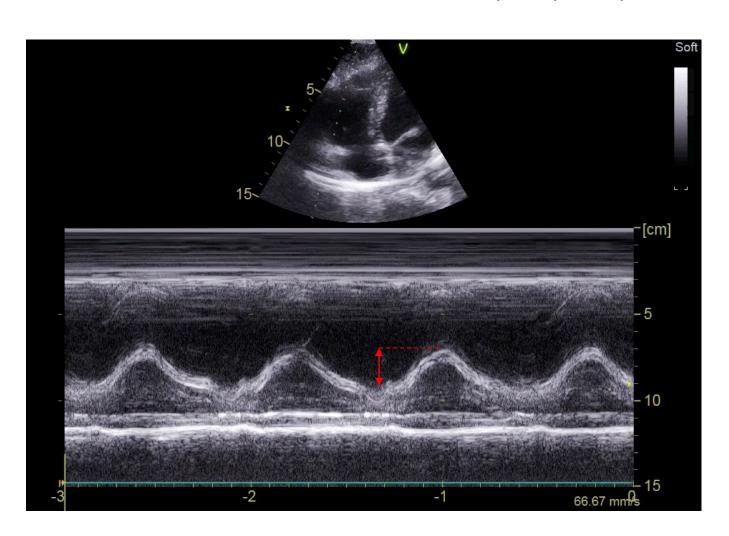
Fraction de raccourcissement de surface

- évaluation de la fonction VD « globale »
- dysfonction VD si FR < 35%
- évaluation subjective
- néglige 25 à 30% du volume VD (CC)

Evaluation de la fonction VD - TAPSE

Evaluation de la fonction VD - TAPSE

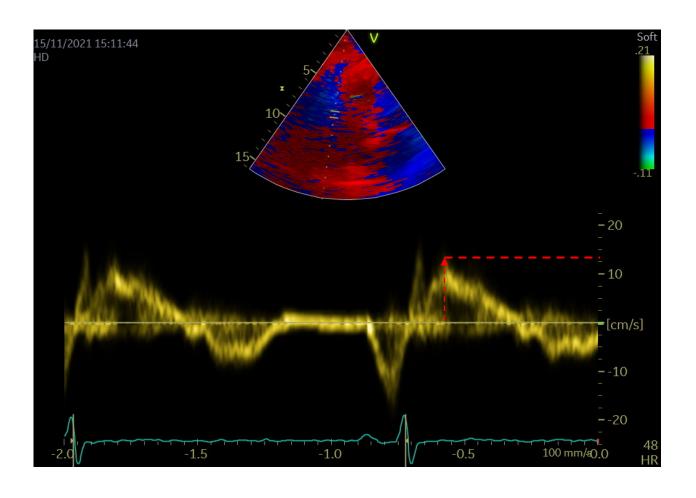
Excursion systolique du plan de l'anneau tricuspide



TAPSE

- indice de contraction longitudinale
- dysfonction VD si TAPSE < 16 mm</p>
- avantages : simple et reproductible
- limite : angle-dépendant
- intérêt pronostic ++

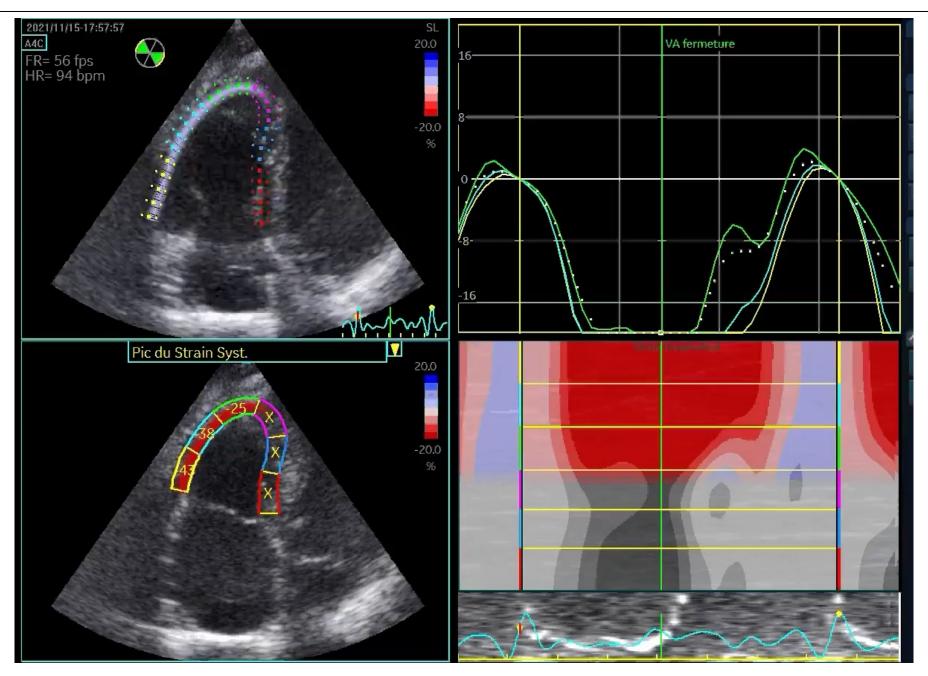
Evaluation de la fonction VD – onde S'



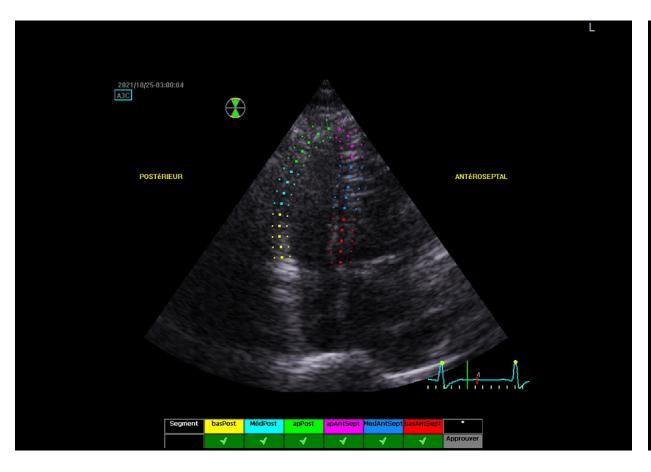
DTI de l'anneau tricuspidien : onde S

- indice de contraction longitudinale
- dysfonction VD si onde S < 10 cm/s</p>
- avantages : simple et reproductible
- limites : angle-dépendant et personnes âgées

Evaluation de la fonction VD – Strain VD

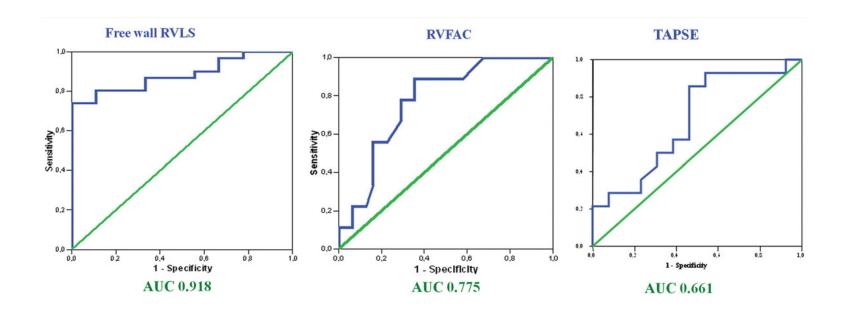


Evaluation de la fonction VD – Strain VD





Evaluation de la fonction VD – Strain VD



STRAIN de la paroi libre du VD

- dysfonction VD si pic 2D strain paroi libre > 20 %
- avantages : simple avec nouveaux outils d'intelligence artificielle
- limites : post-charge dépendant ; seuil fonction âge et machine

Evaluation de la fonction VD

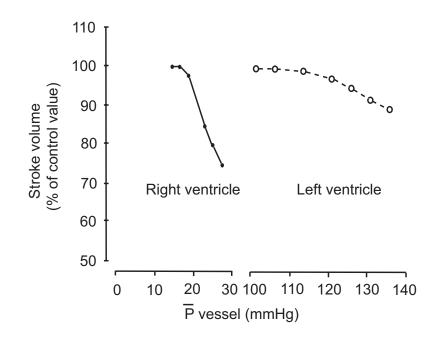
Problématique : outils d'évaluation de la fonction VD dépendant des conditions de charge

Post charge VD

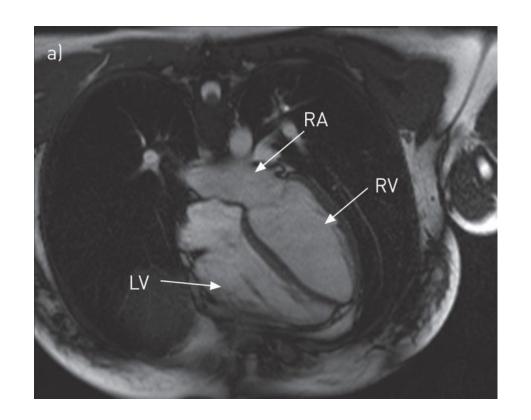
- > PRVG
- Résistances Pulmonaires (pressions pulmonaires)

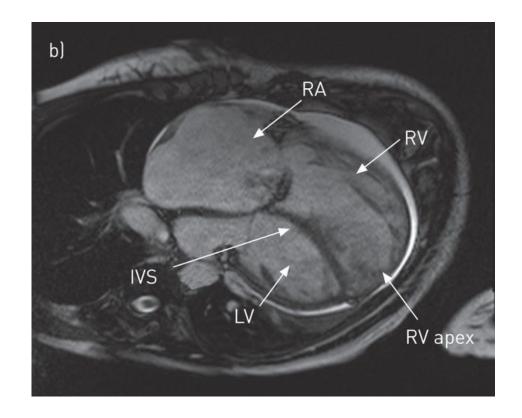
❖ Approche multiparamétrique indispensable

- > Au moins 2 paramètres
- ➤ Si post-charge normale = dysfonction VD intrinsèque probable
- > Si post-charge élevée = fonction VD intrinsèque probablement normale



Evaluation de la fonction VD - IRM





IRM Cardiaque = Gold Standard



Fonction systolique VD

- ☐ Evaluation visuelle ++
- ☐ Fraction de raccourcissement
- ☐ TAPSE ++ (pronostic)
- ☐ Strain VD



Hémodynamique VD et CPA Embolie Pulmonaire

Hémodynamique VD

AUGMENTATION POST CHARGE = HYPERTENSION PULMOAIRE

VENTRICULE DROIT

- > **DILATATION** ventriculaire droite
- > Dilatation rapide et réversible
- > Déplacement vers la gauche du SIV
- > Chute du volume d'éjection systolique

VENTRICULE GAUCHE

- > Tendance à l' **HYPERTROPHIE**
- > Phénomène lent et irréversible
- ➤ Maintien du volume d'éjection

1. Effet Franck-Starling

Adaptation hétérométrique : Relation longueur – force

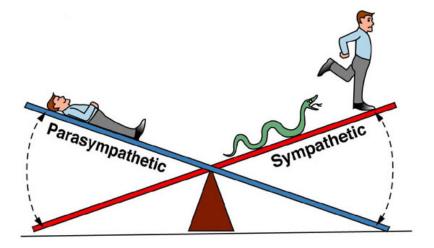
> Etirement des myocytes + prolongation du temps de contraction VD

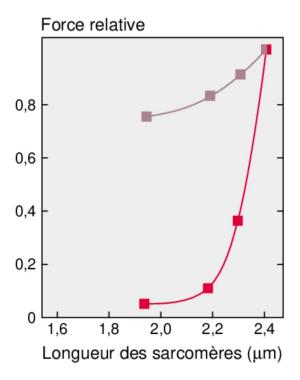
2. Activation neuro-hormonale et effet Anrep

Système sympathique et rénine-angiotensine-aldostérone

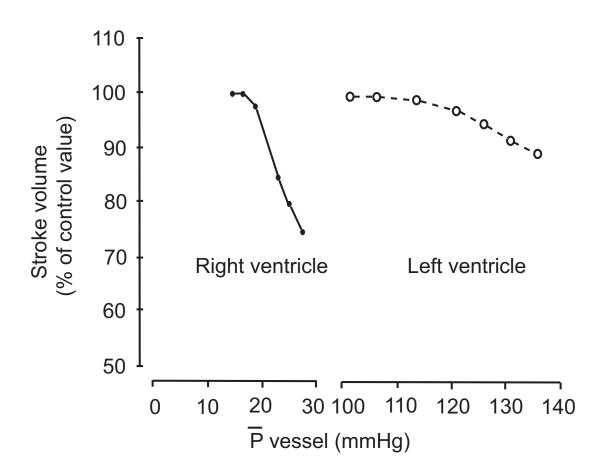
> Stimulation inotrope et chronotrope

3. Vasoconstriction systémique





- Augmentation des pressions artérielles pulmonaires
- Amélioration du débit dans le lit vasculaire pulmonaire obstrué
- Stabilisation temporaire de la pression artérielle





PAP moyenne > 40 mmHg

Hémodynamique VD

Diagnostics en cas d'hypertension pulmonaire aiguë ?

- ➤ HTP post-capillaire = cœur gauche +++ (50%)
- Embolie Pulmonaire
- Pneumopathie hypoxémiante
- > Syndrome de Détresse Respiratoire Aigue
- Ventilation mécanique

Cœur Pulmonaire Aigu

Hémodynamique VD

Augmentation brutale et importante de la post-charge VD

Cœur Pulmonaire Aigu

- diastolic overload =
 dilatation ventriculaire droite
- systolic overload = dyskinésie septale = septum paradoxal

Conséquence possible

➤ Insuffisance Circulatoire Aigue



Diastolic overload : dilatation ventriculaire

Normal

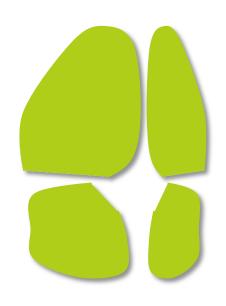
STDVD/STDVG < 0,6

Dilatation modérée



0,6 < STDVD/STDVG < 1

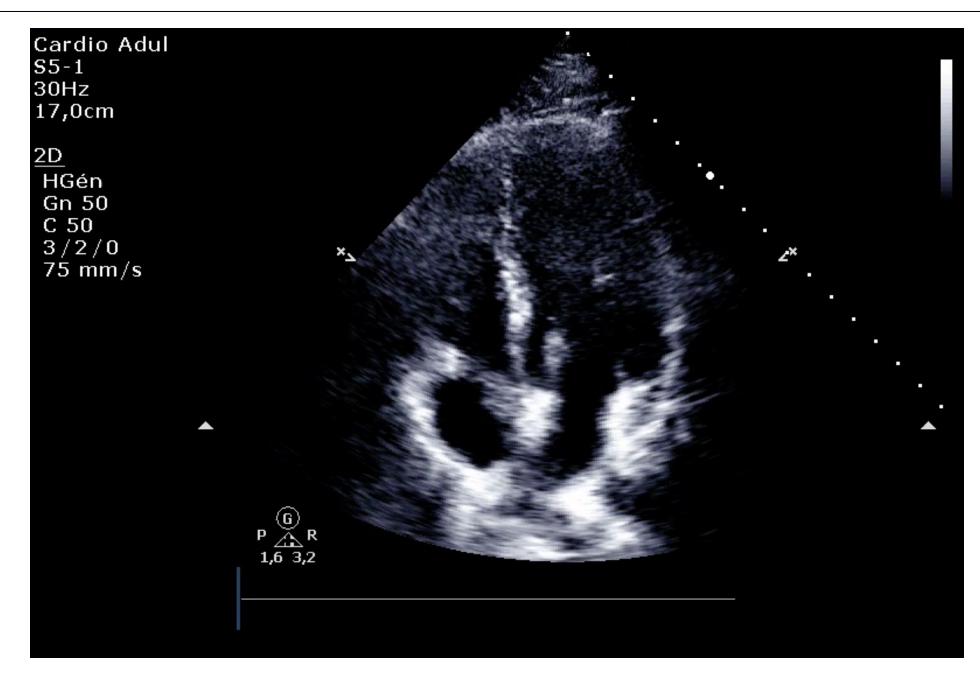
Dilatation majeure



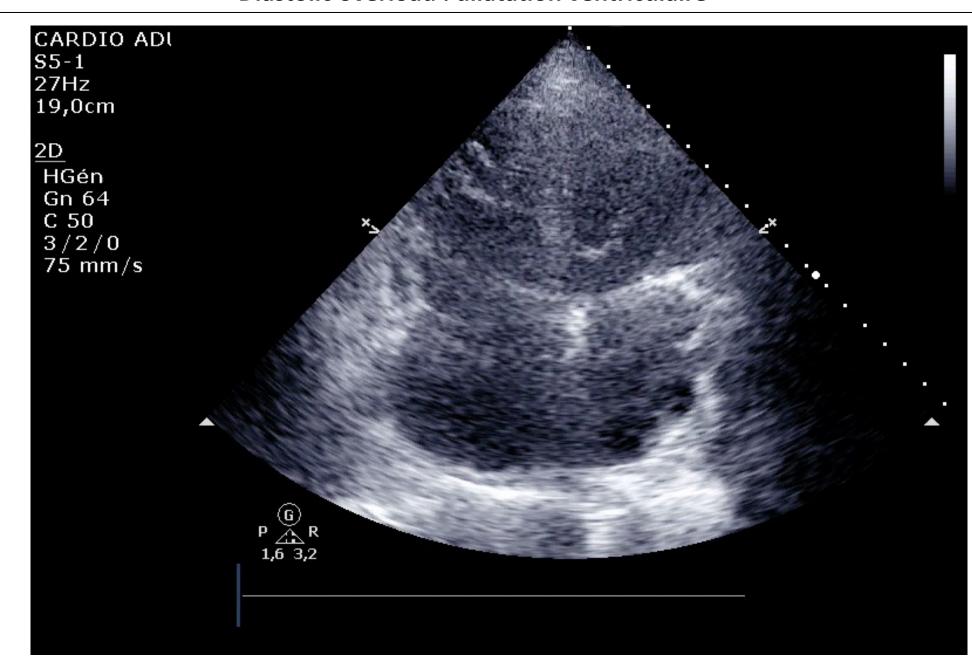
STDVD/STDVG > 1

D'après L. Muller

Diastolic overload: dilatation ventriculaire



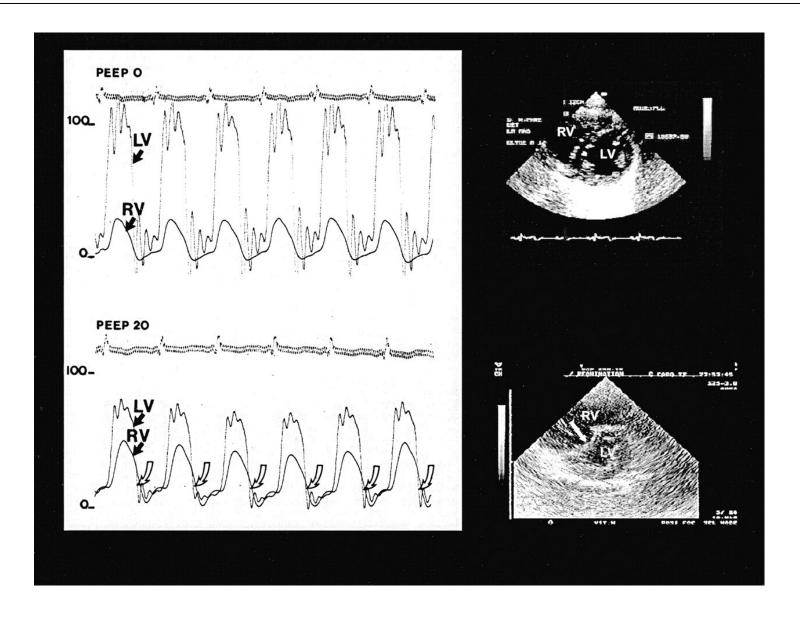
Diastolic overload : dilatation ventriculaire



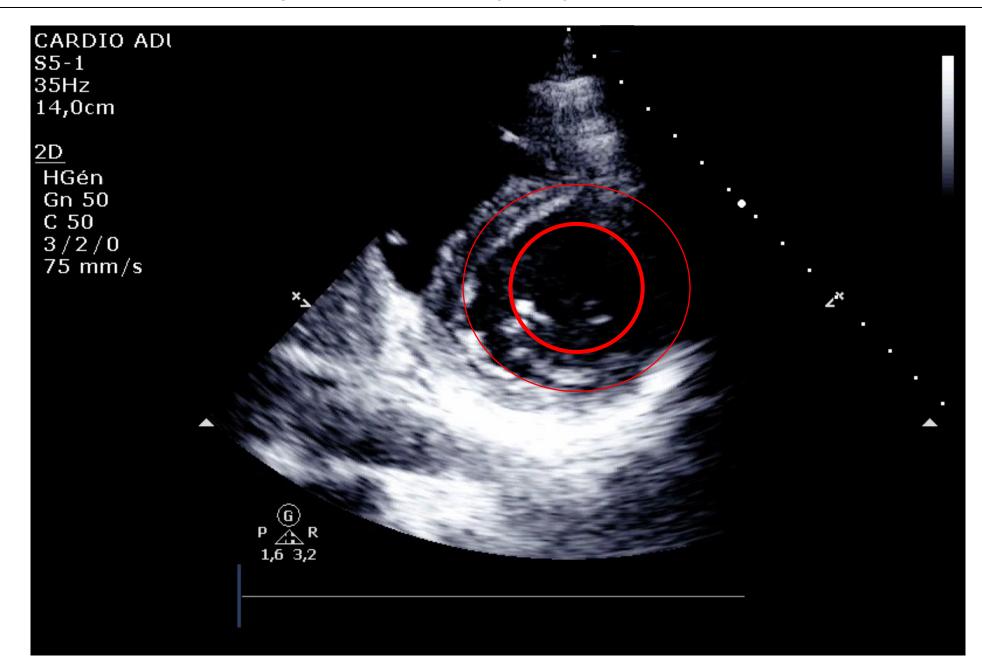
Diastolic overload : dilatation ventriculaire



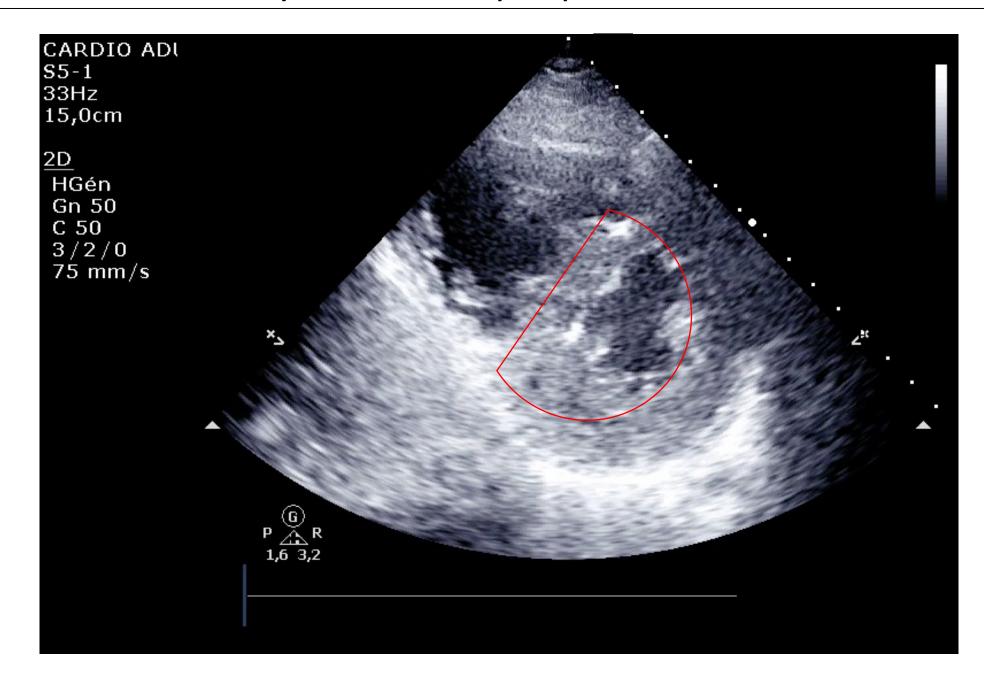
Systolic overload : septum paradoxal



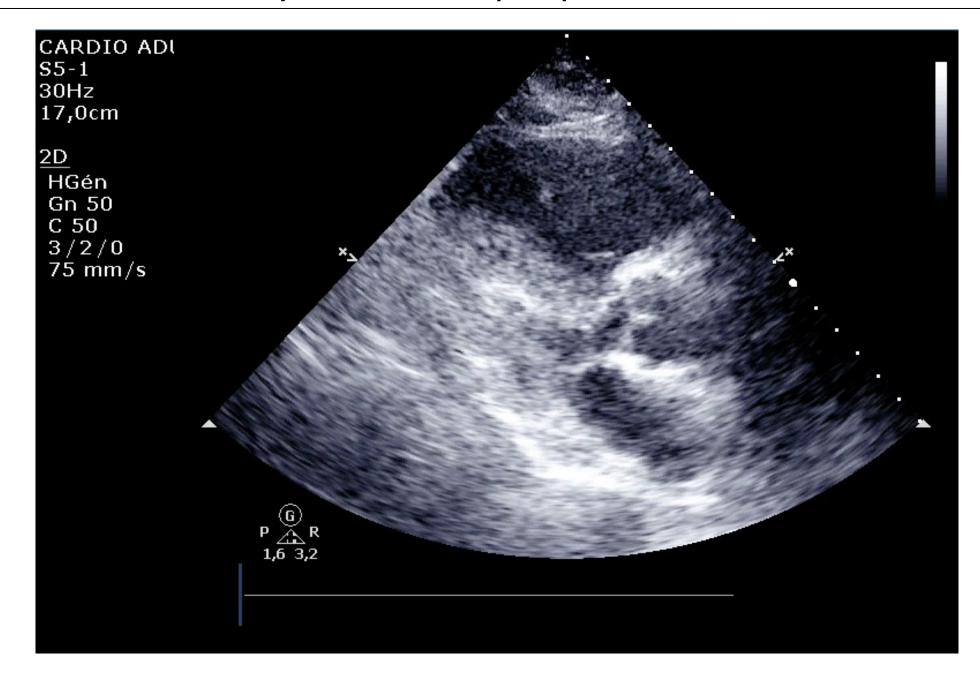
Systolic overload : septum paradoxal



Systolic overload : septum paradoxal



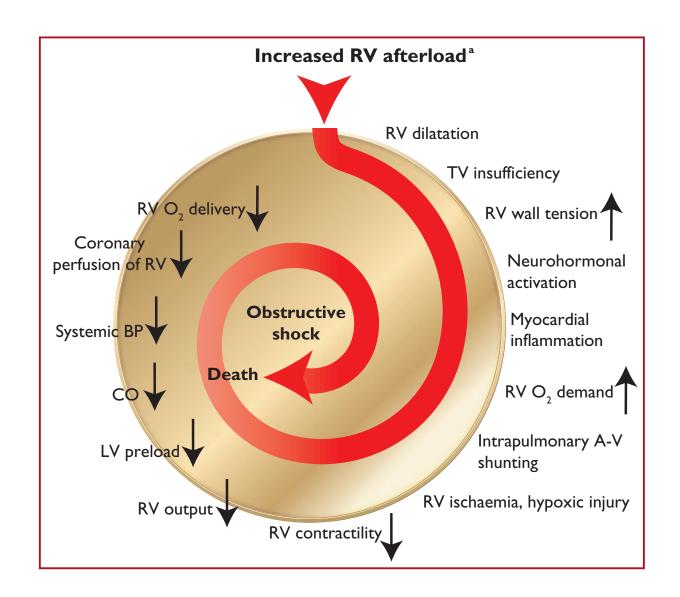
Systolic overload : septum paradoxal



Cœur Pulmonaire Aigu

Diagnostics principaux

- Embolie Pulmonaire
- Pneumopathie hypoxémiante
- Syndrome de Détresse Respiratoire Aigue
- latrogène = Ventilation mécanique



Cœur Pulmonaire Aigu

Diagnostics anecdotiques

- > Asthme aigu grave
- > STA du drépanocytaire

(60% HTP compliquée de 13% CPA)

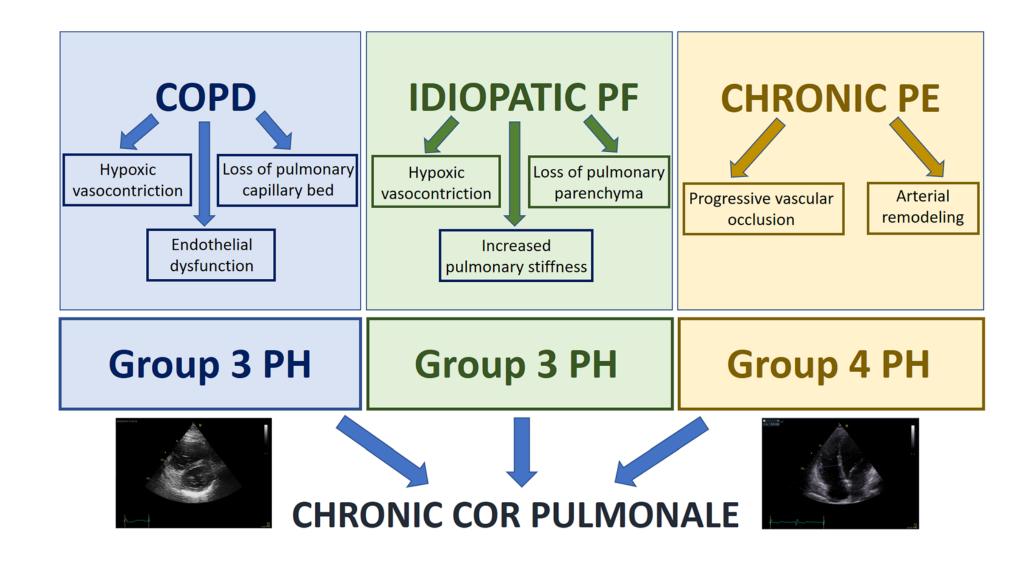
➤ Acidose lactique primitive

Associés à la ventilation mécanique (PP)

- Cardiomyopathie septique
- IDM étendu au VD
- Cardiopathies VD secondaires aux assistance coeur

Évènement intercurrent aigu sur HTP chronique

Cœur Pulmonaire Chronique



Hémodynamique VD et Cœur Pulmonaire



POURQUOI?

JAMA Cardiology | Special Communication

Time to Add a Fifth Pillar to Bedside Physical Examination Inspection, Palpation, Percussion, Auscultation, and Insonation

Jagat Narula, MD, PhD; Y. Chandrashekhar, MD; Eugene Braunwald, MD

Etat de Choc

Dyspnée

Embolie Pulmonaire

CPA

HTAP / EP

Dysfonction VD

JAMA Cardiology | **Special Communication**

Time to Add a Fifth Pillar to Bedside Physical Examination Inspection, Palpation, Percussion, Auscultation, and Insonation

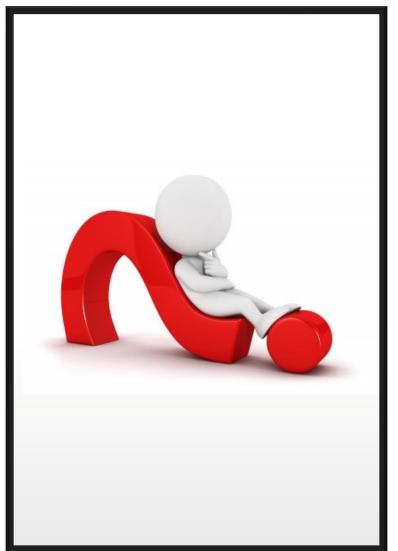
Jagat Narula, MD, PhD; Y. Chandrashekhar, MD; Eugene Braunwald, MD

Etat de Choc

CPA

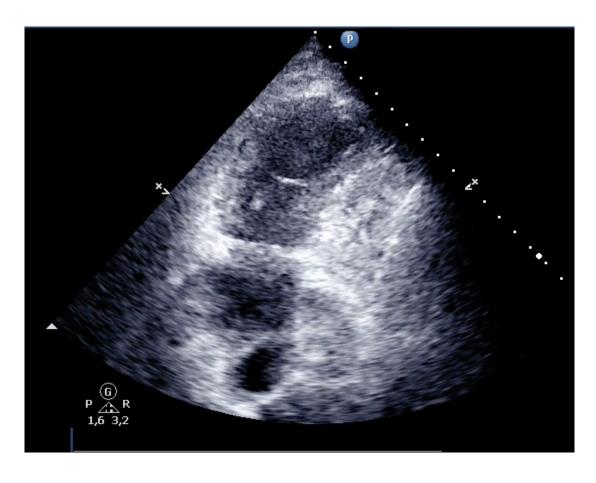


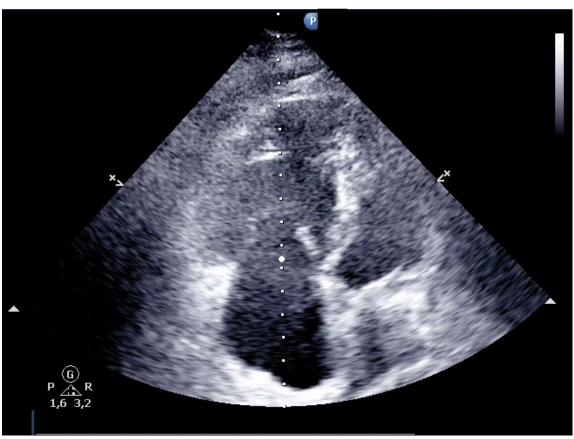




Cœur Pulmonaire

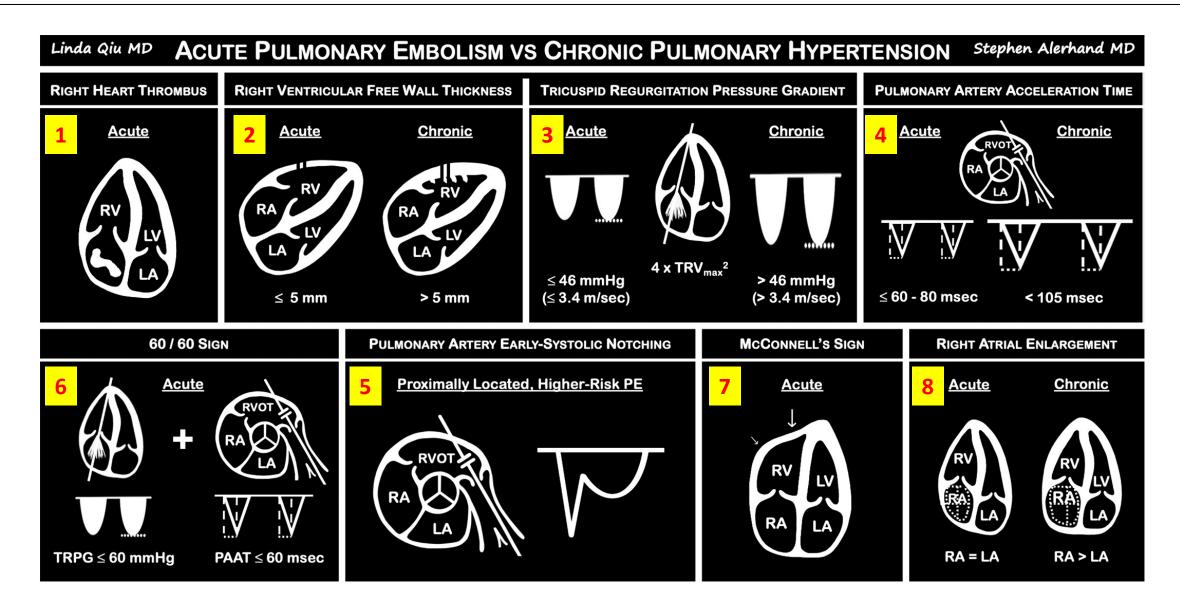
Etat de choc





CHRONIQUE

Hypertension Pulmonaire Aiguë ou Chronique ??



1 - Thrombus intra-cavitaire droit





- Masse longue, fine, flottante et vermiforme
- Peut se déplacer au travers la valve tricuspide ou pulmonaire au cours du cycle cardiaque

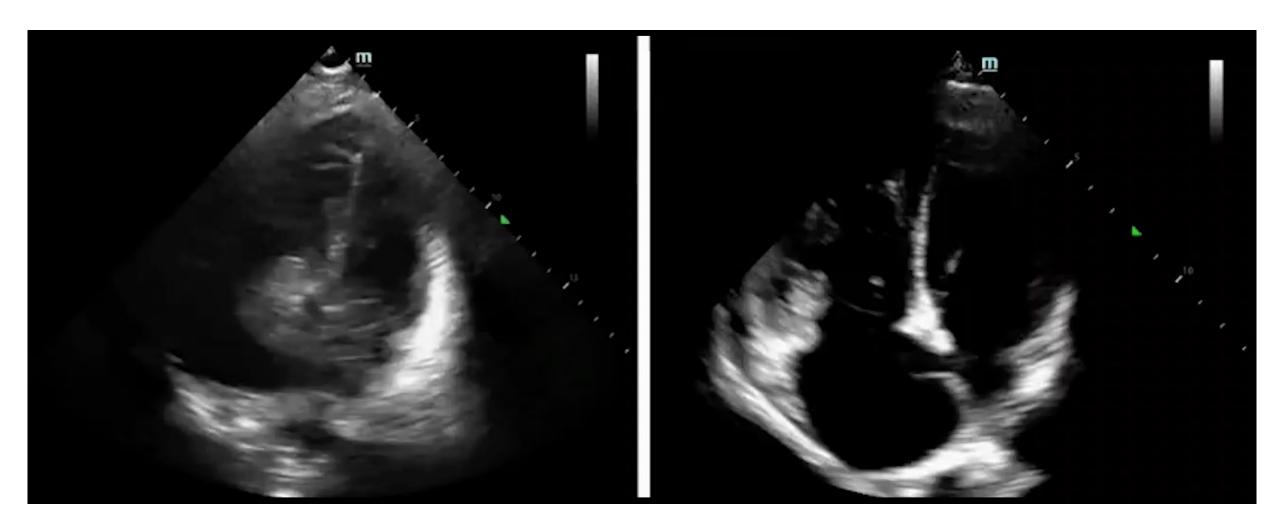
Sensibilité: 4,7 à 5 %

• Spécificité : 99 à 100 %

HD instables : prévalence de 16 à 19%

Falster et al. Thorax 2022 Kurnicka et al. JASE 2016

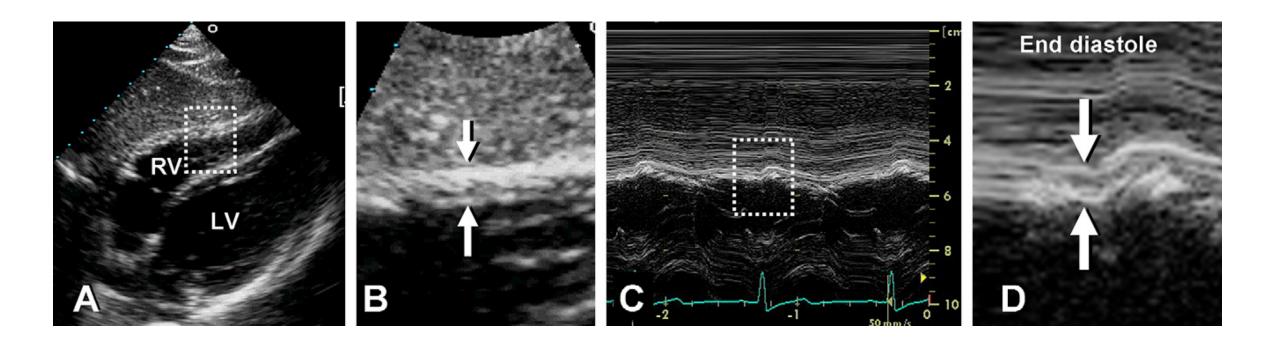
1 - Thrombus intra-cavitaire droit



1 - Thrombus intra-cavitaire droit



2 - Epaisseur de la paroi libre du VD



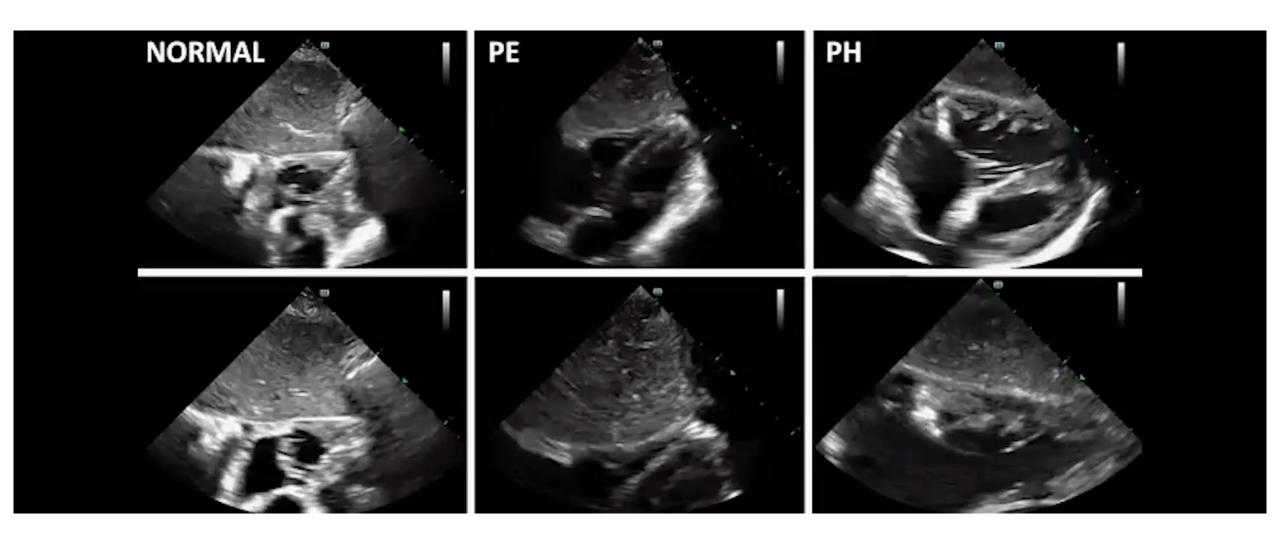
Epaisseur paroi VD < 6 mm

Loi de Laplace : stress mural = (P° ventriculaire x rayon) / (2 x épaisseur paroi)

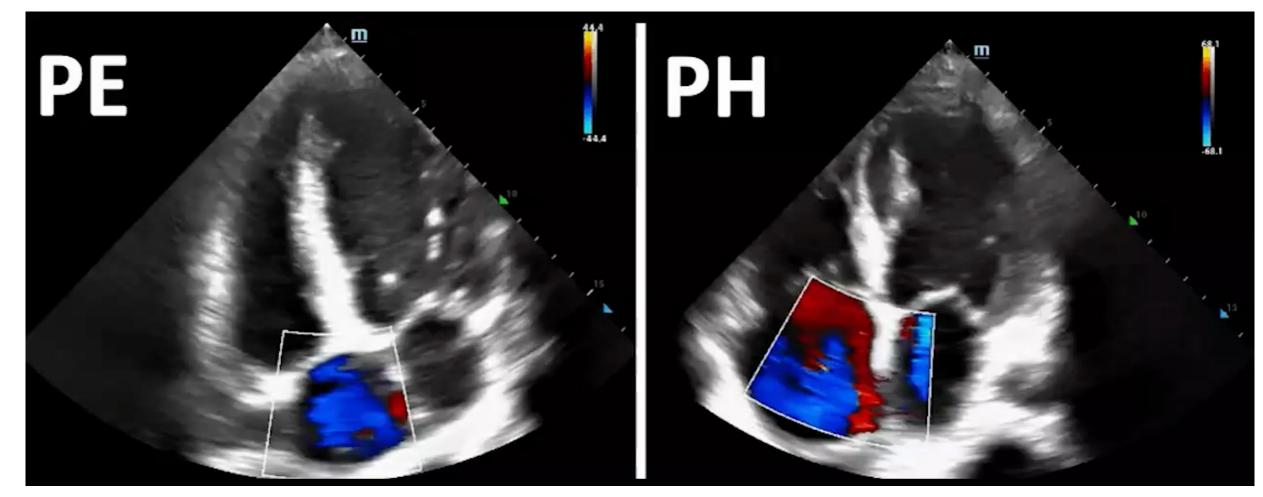
Sensibilité : 90 à 93 %

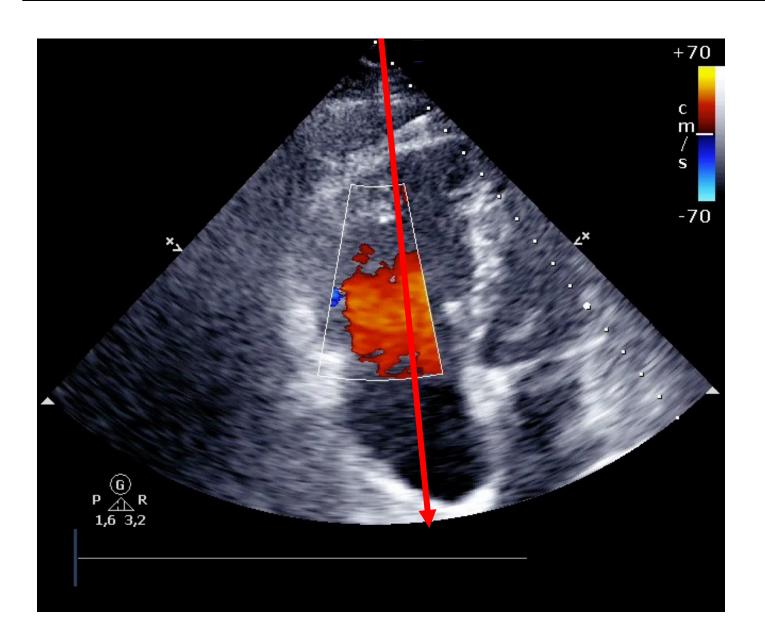
Spécificité: 94 à 95 %

2 - Epaisseur de la paroi libre du VD



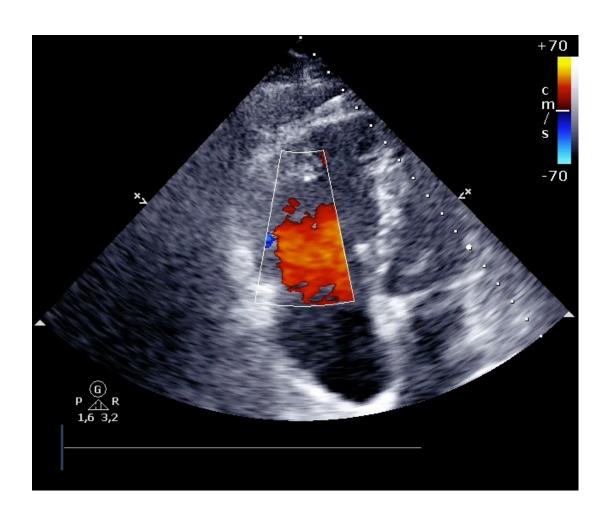






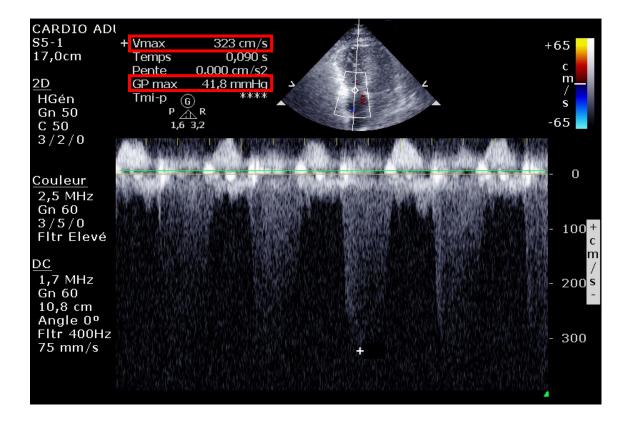
- Coupe apicale 4 cavités centrée sur VD
- Doppler continu

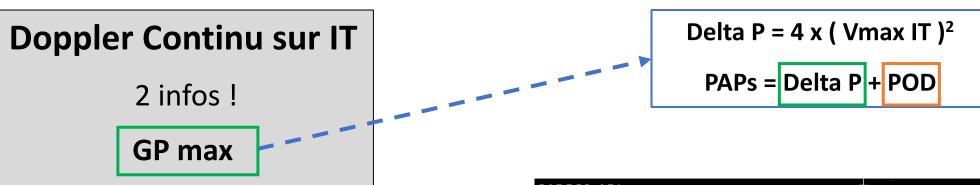
- Alignement parallèle de préférence
- Angle de 10° à 20° = sous-estimation de 2 à 6 %
- Angle de 30° à 45° = sous-estimation de
 13 à 29%



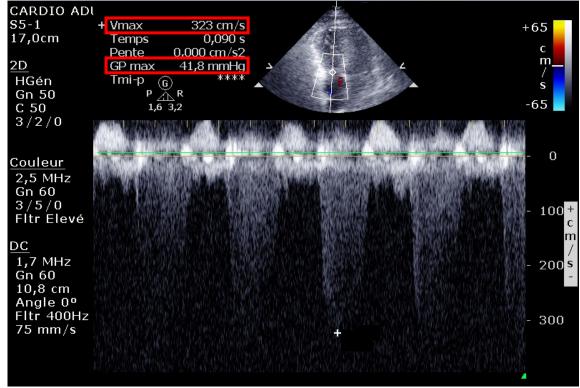
Delta $P = 4 x (Vmax IT)^2$

PAPs = Delta P + POD





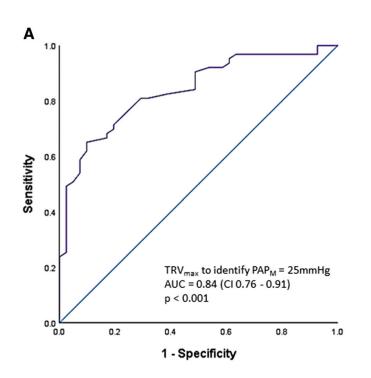
Vmax

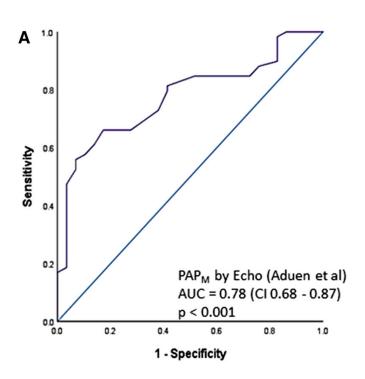


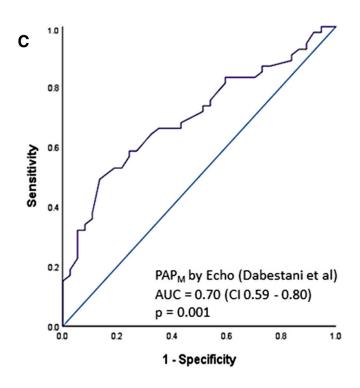
Delta
$$P = 4 x (Vmax IT)^2$$

Diamètre de la VCi (mm)	Variations respiratoires de la VCi (%)	Valeur de POD (mmHg)	
Bas < 15	Collapsus inspiratoire de 100%	5	
Normal : 15-25	> 50 < 50	10 15	
Elevé > 25	< 50 Absentes	20 > 20	

Luthra et al. Echo made easy Anshan eds 2007 Wong et al. Practice of clinical echocardiography 2002 Brennan et al. JASE 2007







Method	Cut off	Sensitivity (%)	Specificity(%)	Positive predictive value (%)	Negative predictive value (%)
Aduen et al.	25 mm Hg	85	38	74	55
Chemla et al.	25 mm Hg	78	67	80	63
Dabestani et al.	25 mm Hg	83	35	63	61
Abbas et al.	25 mm Hg	48	84	86	43
TRV _{max}	2.8 m/sec	83	61	77	69

Doppler Continu sur IT

2 infos!

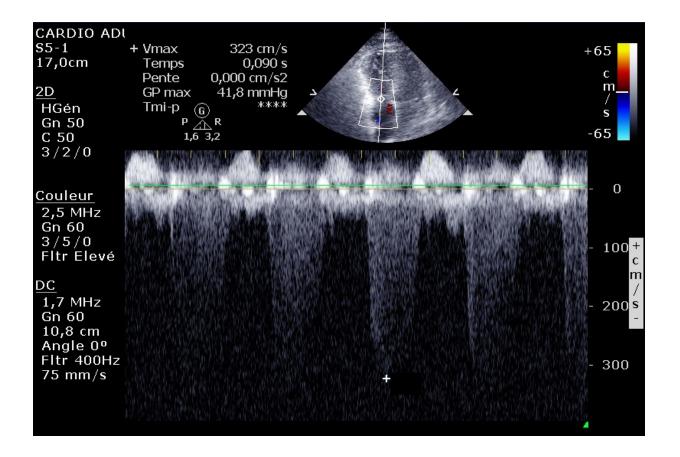
GP max

Vmax

HTP

GP max > 31 - 33 mmHg

Vmax IT > 2,8 à 2,9 m/s



HTP

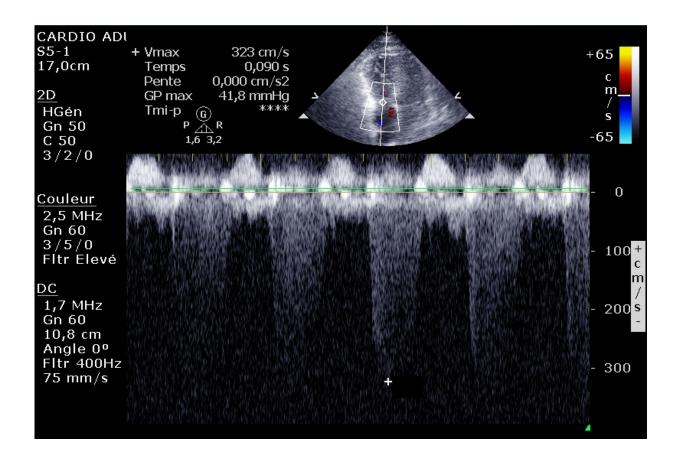
GP max > 31 - 33 mmHg

Vmax IT > 2.8 à 2.9 m/s

HTP chronique

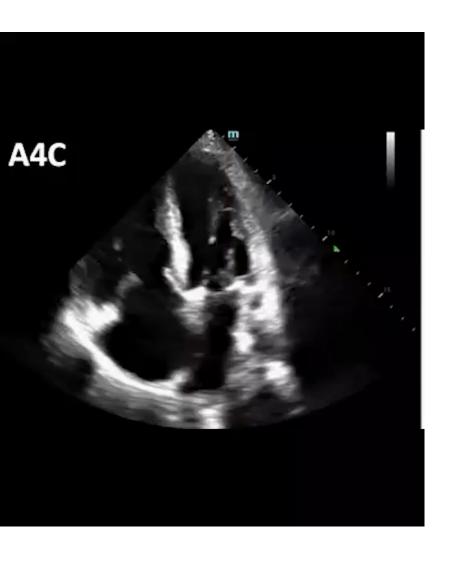
GP max > 46 mmHg

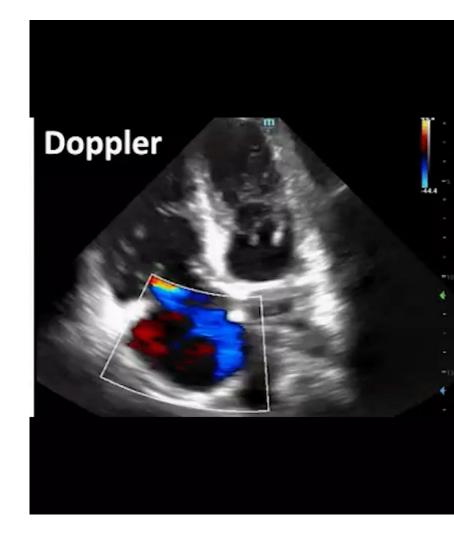
Vmax IT > 3,4 m/s



- Femme de 70 ans
- ATCD : insuffisance cardiaque
- MdH : asthénie
- Constantes:
 - PA 90/47;
 - FC 63 bpm;
 - FR 17 / min;
 - spO2 93% AA;
 - $T^{\circ} = 38$
- Radio Thorax : pneumonie lobe inférieur droit
- > Expansion volémique
- > Antibiothérapie probabiliste







Vmax IT = 1,2 m/s

GP max = 5.8 mmHg



Vmax IT = 1,2 m/s

GP max = 5,8 mmHg

RIGHT VENTRICULAR DYSFUNCTION SEVERITY

BASED ON TR JET MORPHOLOGY, TRV_{MAX}, AND TRPG

Normal

< 2.8 – 2.9 m/s < 31.4 - 33.6 mmHg

Moderate

> 2.9 – 3.6 m/s < 33.7 – 51.9 mmHg

<u>Severe</u>

> 3.6 m/s ≥ 52.0 mmHg

Wide-Open

< 2.5 m/s < 25 mmHg













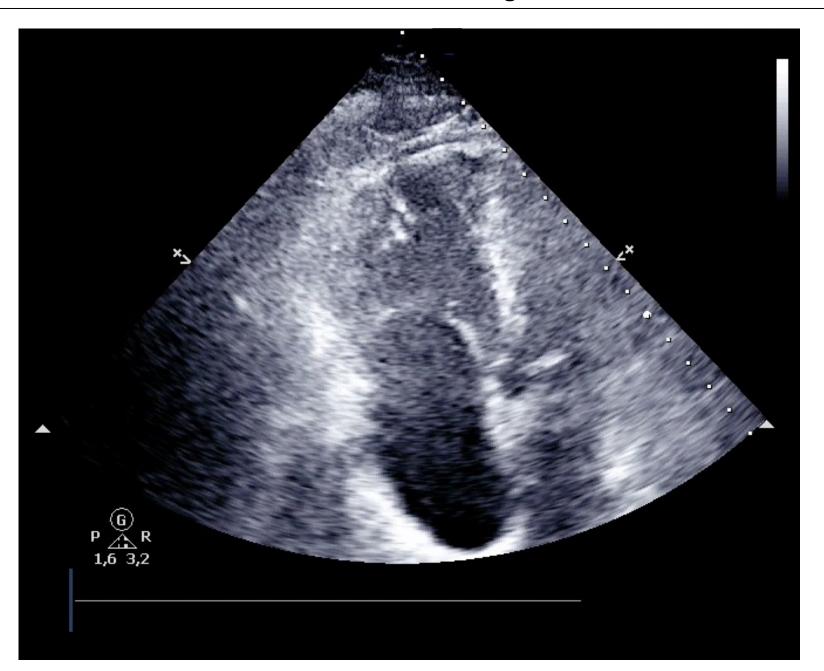




Linda Qiu MD

Stephen Alerhand MD

7 - signe de McConnell





Embolie Pulmonaire

Sensibilité: 22 à 29 %

Spécificité: 97 à 99 %

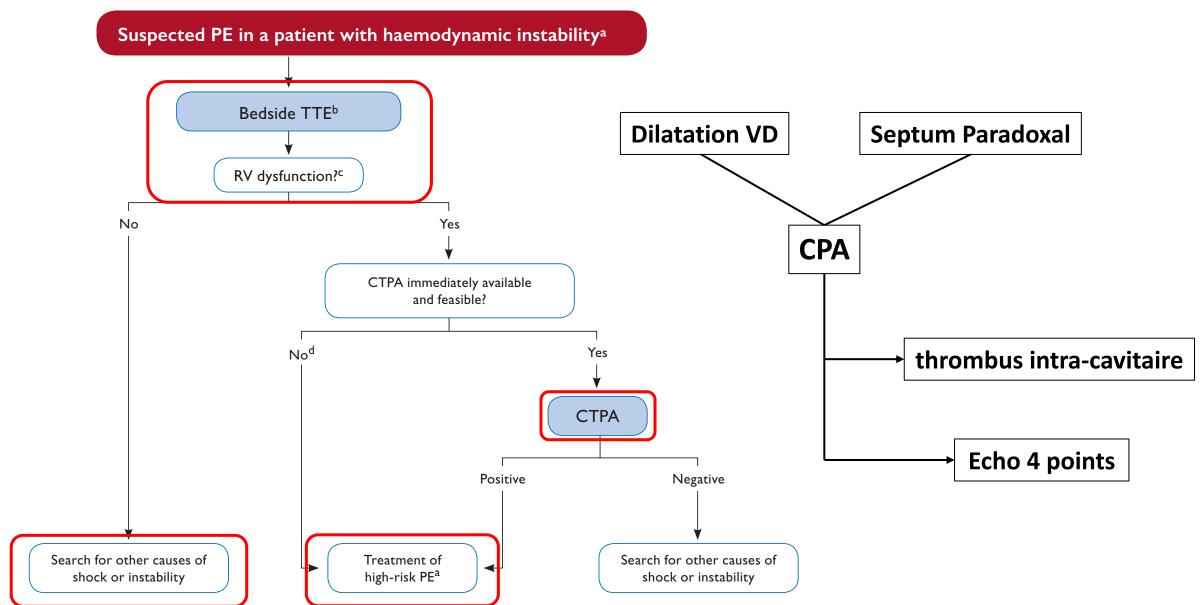
Cœur Pulmonaire Aigu

Diagnostics principaux

- > Embolie Pulmonaire
- Pneumopathie hypoxémiante
- > Syndrome de Détresse Respiratoire Aigue
- ➤ latrogène = Ventilation mécanique

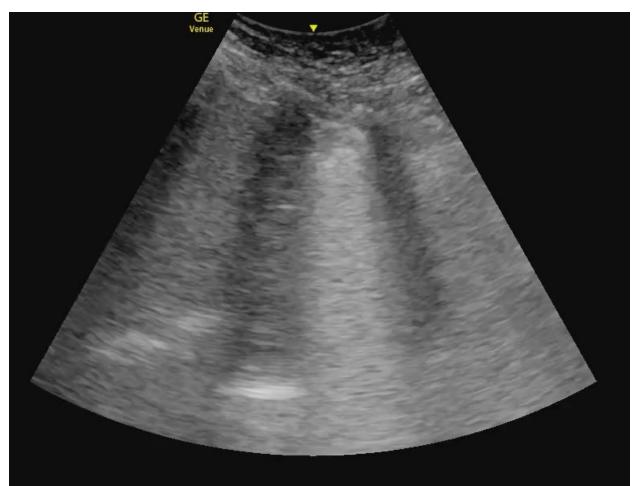


Echo et embolie pulmonaire : Etat de Choc



Echo et embolie pulmonaire : Etat de Choc





JAMA Cardiology | **Special Communication**

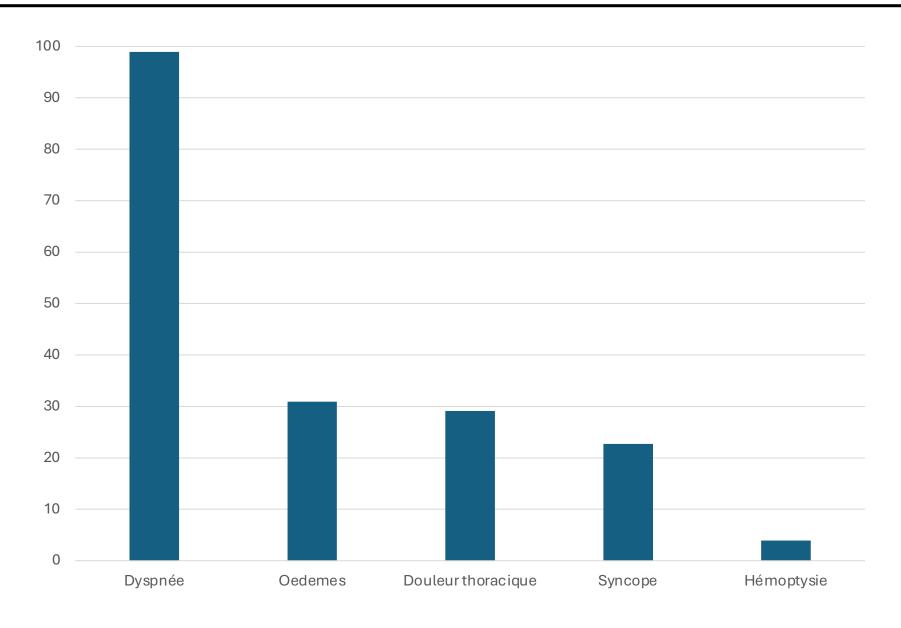
Time to Add a Fifth Pillar to Bedside Physical Examination Inspection, Palpation, Percussion, Auscultation, and Insonation

Jagat Narula, MD, PhD; Y. Chandrashekhar, MD; Eugene Braunwald, MD

Dyspnée

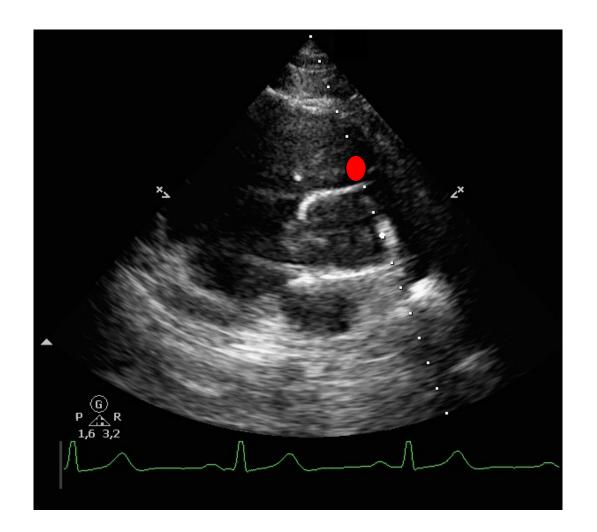
HTAP / EP

HTAP et Dyspnée

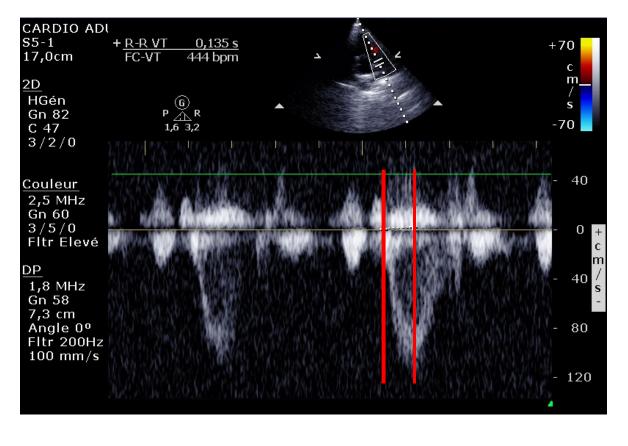


Ling et al. Am J Respir Crit Care Med. 2012

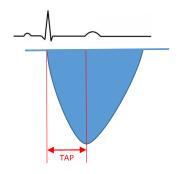
Flux d'éjection pulmonaire



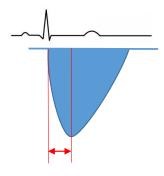




Flux d'éjection pulmonaire



Flux normal



HTAP modérée



HTAP sévère

Flux pulmonaire

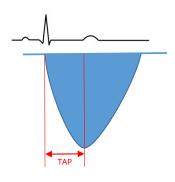
- normal = en dôme, pic mésosystolique
- HTP = pic précoce ou dédoublé

TAP = Temps d'Accélération Pulmonaire = Tacc

- normal = 120 à 160 ms
- HTP si ≤ 100 ms
- HTP sévère si < 60 ms

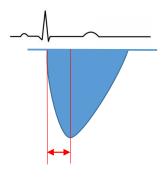
Intérêt pour VPN +++

Flux d'éjection pulmonaire



Flux normal

HTP = Tacc < 100 ms



HTAP modérée

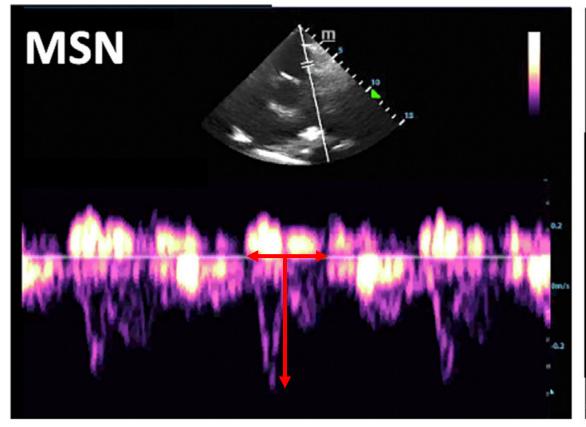
HTP chronique = Tacc < 105 ms

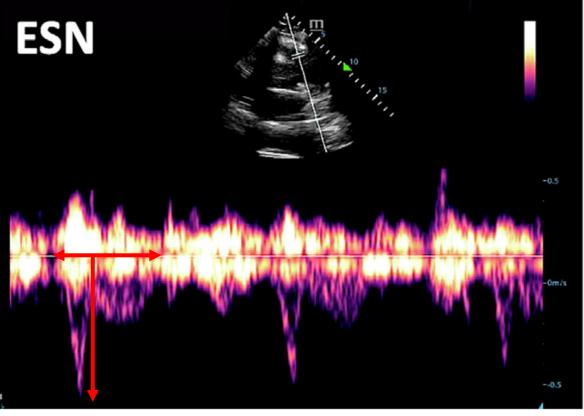
HTP aiguë = Tacc ≤ 60 – 80 ms



HTAP sévère

Spike-and-dome





EP à faible risque (périphérique)

HTP chronique

EP à haut risque (proximale)

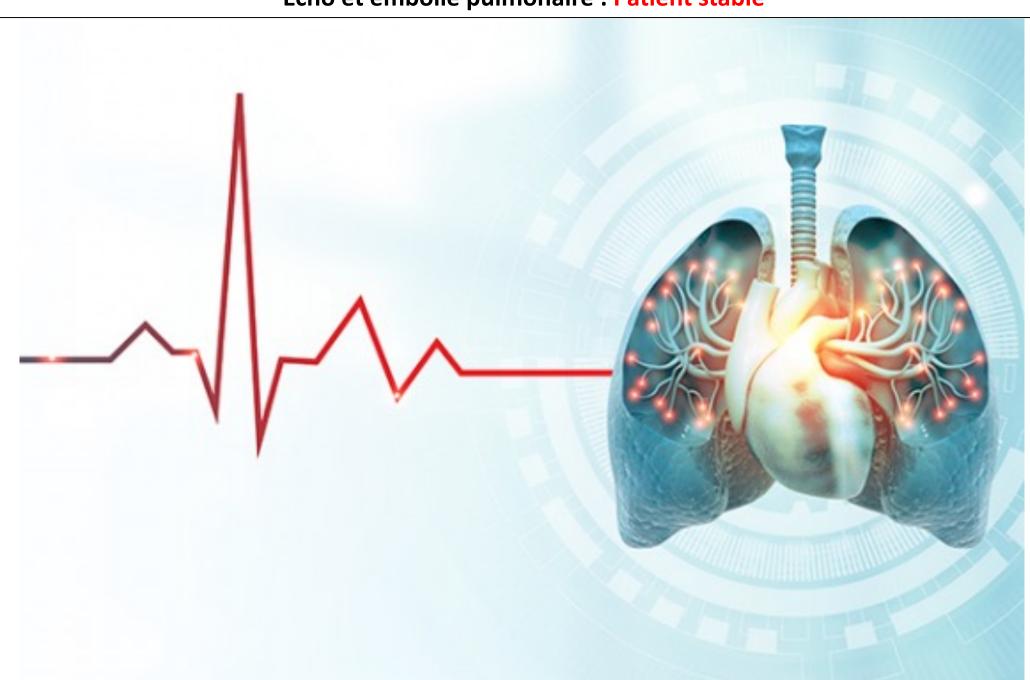
Embolie Pulmonaire Sensibilité: 34 à 75 %

Spécificité: 99 à 100 %

EP à haut risque

Sensibilité: 69 à 97 %

Spécificité: 90 à 99 %



Variable	All (n=232)	PE (n=51)	Non-PE n=181)	P value
EF %	57.8 ± 6	58.7 ± 3	57.6 ± 7	0.2
LA Volume	71.9 ± 41	60.5 ± 32	75.2 ± 43	0.01
RA area	17 ± 6	17 ± 7	17 ± 6	0.8
LVEDD cm	4.7 ± 0.7	4.7 ± 0.7	4.7 ± 0.7	0.8
LVESD cm	2.8 ± 0.7	2.7 ± 0.7	2.8 ± 0.7	0.5
LV mass gr	177 ± 74	175 ± 70	177 ± 75	0.9
Stroke volume cc	47.4 ± 18	45.7 ± 14	47.9 ± 18	0.4
Stroke volume index	26.1 ± 9	25.0 ± 6	26.3 ± 9	0.3
E'	5.9 ± 2.1	5.5 ± 2.8	6.1 ± 1.8	0.6
E wave	0.84 ± 0.31	0.74 ± 0.22	0.86 ± 0.32	0.006
A wave	0.82 ± 0.24	0.85 ± 0.21	0.81 ± 0.25	0.5
E/A ratio	1.1 ± 0.7	0.9 ± 0.4	1.16 ± 0.7	0.008
SPAP mmHg	37 ± 18	40 ± 20	37 ± 17	0.4
RIMP	0.37 ± 0.2	0.4 ± 0.3	0.4 ± 0.3	0.7
RV end diastolic area cm2	15.5 ± 5	15.5 ± 5	15.5 ± 5	0.9
RV end systolic area cm2	9.3 ± 4	9.2 ± 4	9.2 ± 5	0.9
RV fractional area change	42 ± 11	42 ± 11	42 ± 12	0.7
Declaration time, msec	200 ± 64	190 ± 65	204 ± 63	0.2
PA diameter	2.6 ± 2	2.5 ± 0.4	2.6 ± 2	0.7
AT ms	96.5 ± 28	85 ± 29	100 ± 27	0.01
AT/RR interval	129 ± 48	119 ± 49	131 ± 47	0.1
RV end diastolic diameter cm	3.2 ± 0.8	3.2 ± 0.7	3.2 ± 0.8	0.4
LV end diastolic diameter cm	4.1 ± 0.7	4 ± 0.7	4.1 ± 0.7	0.4
RVEDD/LVEDD > 0.9	0.7 ± 0.2	0.7 ± 0.2	0.7 ± 0.2	0.8
LVED/RVED > 0.9	14%	16%	14%	0.7
Sign 60/60	14%	31%	9%	0.0002
IVC expiratory diameter cm	1.8 ± 1.4	1.6 ± 0.5	1.8 ± 1.6	0.2
IVC inspiratory diameter cm	1 ± 1.7	0.9 ± 0.5	1.1 ± 1.9	0.3
RA pressure mmHg	8 ± 4.5	8 ± 4.5	8.5 ± 4.5	0.4
McConnell's sign	14.68%	40%	7.65%	0.001
D sign	11.87%	20.41%	9.41%	0.05

235 patients dyspnéiques

- > 51 embolies pulmonaires
- 43 faibles risques
- 4 risques intermédiaires
- 3 risques élevés
- 1 thrombolyse

AUC < 0,7

Early mortality risk		Indicators of risk			
		Haemodynamic instability ^a	Clinical parameters of PE severity and/ or comorbidity: PESI class III−V or sPESI ≥I	RV dysfunction on TTE or CTPA ^b	Elevated cardiac troponin levels ^c
High		+	(+) d	+	(+)
lata una adiata	Intermediate-high	-	+ e	+	+
Intermediate	Intermediate-low	-	+ e	One (or none) positive	
Low		-	-	-	Assesment optional; if assessed, negative



FASTTRACK CLINICAL RESEARCH

Prognostic value of right ventricular dysfunction or elevated cardiac biomarkers in patients with low-risk pulmonary embolism: a systematic review and meta-analysis

Stefano Barco¹*, Seyed Hamidreza Mahmoudpour^{1,2}, Benjamin Planquette^{3,4}, Olivier Sanchez^{3,4}, Stavros V. Konstantinides^{1,5}, and Guy Meyer^{3,4}

Table 2 Rates of short-term adverse events in low-risk patients with or without imaging and laboratory indicators of right ventricular dysfunction or myocardial injury

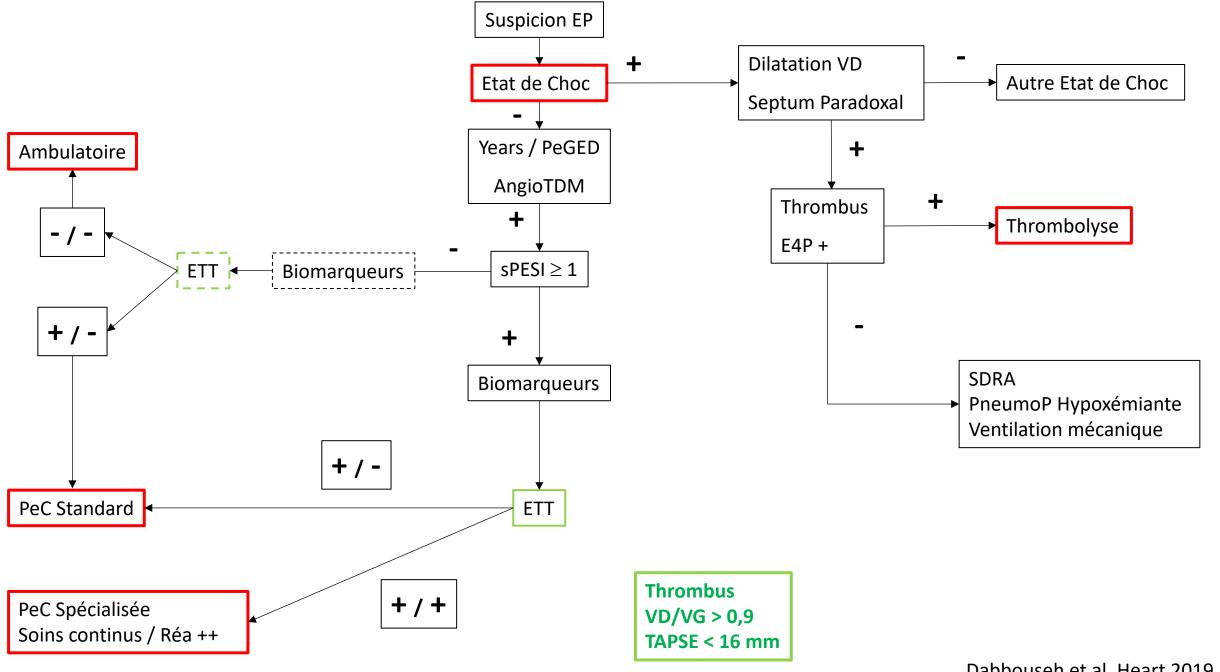
	RV dysfunction (exposure)	Study population (n studies)	With RV dysfunction, % (95% CI)	Without RV dysfunction, % (95% CI)
Early all-cause mortality	RV pressure overload (echo/ CTPA)	1597 (7)	1.8 (0.9–3.5)	0.2 (0.03–1.7)
	Troponin	1176 (11)	3.8 (2.1–6.8)	0.5 (0.2–1.3)
	BNP/NT-proBNP	_	_	_
Early PE-related adverse outcome	RV pressure overload (echo/ CTPA)	1488 (6)	3.7 (0.9–14.4)	0.7 (0.06–6.4)
	Troponin	1137 (8)	10.2 (7.2–14.3)	0.6 (0.1–5.6)
	BNP/NT-proBNP	1405 (6)	5.4 (1.8–14.6)	1.3 (0.6–2.6)

RA LV RA D. Distended inferior vena cava B. Dilated RV with basal RV/LV A. Enlarged right ventricle, C. Flattened intraventricle ratio >1.0, and McConnell sign with diminished inspiratory septum (arrows) parasternal parasternal long axis view (arrow), four chamber view short axis view collapsibility, subcostal view M-Mode Tissue Doppler Imaging RiHTh<16 mm TRPG <60 mmHg S' <9.5/s H. Decreased peak systolic (S') **E.** 60/60 sign: coexistence of G. Decreased tricuspid annular F. Right heart mobile thrombus acceleration time of pulmonary ejection velocity of tricuspid annulus plane systolic excursion (TAPSE) detected in right heart cavities (<9.5 cm/s)<60 ms and midsystolic "notch" with measured with M-Mode (arrow) mildy elevated (<60 mmHg) peak systolic (<16 mm) gradient at the tricuspic valve

TAPSE < 16 mm

VD / VG > 0,9

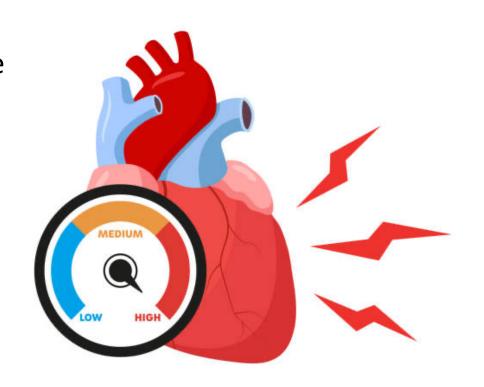
Thrombus IC



Dabbouseh et al. Heart 2019

The Forgotten Ventricle

- Dysfonction VD aux urgences peu fréquente mais grave
- Etat de choc et Cœur Pulmonaire Aigu
- Dyspnée et TACC
- Intérêt pronostic majeur dans l'embolie pulmonaire
- Remplissage vasculaire prudent
- Ventilation mécanique à risque



08h45 – 09h00 : Accueil des participants

09h00 – 09h30 : Concept des pressions de remplissage du ventricule gauche

09h30 – 10h30 : Le Ventricule Droit

10h30 - 11h00 : Pause

11h00 – 12h00 : Ateliers pratiques

12h00 - 13h00 : Pause repas

13h00 – 14h00 : Détresse respiratoire

14h00 – 15h00 : Etat de choc

15h00 – 16h00 : Ateliers pratiques

16h00 – 17h00 : Quizz interactif

